WHAT IS CLAIMED IS:

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1. A telescopic hoist comprising:

a series of telescopically arranged tubular sections, each section having a first end and an opposite second end; each said first end having an annular head;

sealing means on at least one of said first ends;

wherein said tubular sections are formed in a nitrided steel.

2. A telescopic hoist comprising:

a cylindrical housing;

a series of actuatable tubular sections telescopically received in said housing; each tubular section having a piston end; an inlet/outlet port in some of said first ends for passage of a pressure fluid therethrough;

seal means on at least one of said piston ends separating said fluid from ambient air; and

bore means in at least one of said tubular sections on a front side of said piston;

wherein said tubular sections are formed in a nitrided steel.

3. A telescopic hoist comprising:

a series of telescopically arranged tubular sections, each section having a first end and an opposite second end; each said first end having an annular head; and

sealing means mounted on at least one of said annular heads;

wherein said tubular sections are formed in a nitrided steel.

4. A telescopic hoist comprising:

a cylindrical housing;

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a series of actuatable tubular sections telescopically received in said housing; each said tubular section having a piston end; an inlet/outlet port in some of said first ends for passage of a pressure fluid therethrough;

seal means mounted in at least one of said piston ends separating said fluid from ambient air; and

bore means provided in some of said tubular sections on a front side of said piston ends;

wherein said tubular sections are formed in a nitrided steel so as to be in semi-15 lubricated contact with one another.